

**Consequences for policy violations – all consequences will be completed before or after practice the day of violation or the day you return.**

**Dishonoring volleyball program/insubordination:**  
discipline at coaches' discretion, including removal from program.

**Missing the bus/unruly bus behavior:**  
1<sup>st</sup> offense: 5 horses in 28 seconds  
next offense: increase by 5 horses for each offense

**Forgetting practice/game gear:**  
1<sup>st</sup> offense: 3 horses in 26 sec each  
next offense: increase by 3 horses for each offense

**Tardiness/leaving early at practice or games:**  
1<sup>st</sup> offense: 5 horses in 28 seconds  
next offense: increase by 5 horses for each offense

**Missing practice/game/scrimmage for excused reason: (school related events, emergencies, ect)**  
Player will not play next game

**Missing practice/game/scrimmage for unexcused reason (work, doctors appointment, etc)**  
Player will not play in the next match

**Not calling in when missing practice or game:**  
1<sup>st</sup> offense: 5 horses in 28 sec each  
Next offense: increase by 5 horses for each offense

**Wearing jewelry during practice time:**  
1<sup>st</sup> offense: 3 horses in 26 sec each  
next offense: increase by 3 horses for each offense

**Leaving equipment out:**  
1<sup>st</sup> offense: 1 bear crawl horse  
next offense: add a horse for each offense

**Dirty locker room:**  
1<sup>st</sup> offense: 1 bear crawl horse  
next offense: add a horse for each offense

**D-hall:**  
10 horses in 30 seconds for each hour

**ISS:**  
15 horses in 30 seconds and suspended from next match(s) for every day served  
2<sup>nd</sup> offense: 30 horses and game suspensions for every day served  
3<sup>rd</sup> offense: removal from program

**F grade, N or U for conduct, poor conduct comments on report card, progress report or from teacher:**  
10 horses in 30 seconds for each.

**Ineligible students:**  
run 2 miles every day before practice

**Social Media offense:**  
1<sup>st</sup> offense: Suspended from next match  
2<sup>nd</sup> offense: Removal from program

**Partys/Get-togethers with drugs/alcohol/vaping.**  
1<sup>st</sup> offense: Suspended for a week.  
2<sup>nd</sup> offense: Removal from program

**Alcohol, Drugs, Tobacco, Vapeing Use**  
1<sup>st</sup> offense: Suspended for a week.  
2<sup>nd</sup> offense: Removal from program

**\*\*\*\*\* Anything deemed disrespectful/inappropriate behavior (in or out of school) by the coaching staff AT ANY TIME: removal from program. \*\*\*\*\***

Student signature of compliance:

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Parent/Guardian signature:

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